

# Emotional Intelligence of Hill Tribal (Subba and Tamang) Class - VIII Students

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## Abstract:

*Emotional Intelligence is an integrated capability of an individual to deal with the human emotions. To explore the actual status of emotional intelligence of Subba and Tamang class VIII students, present study has been designed. After completing the study, it has been found that Emotional Intelligence of Subba and Tamang students of Darjeeling District has been found higher level. Insignificant role of both gender and locality have been found in respect to create the significant mean difference with special reference to emotional intelligence.*

**Keywords:** *Emotion, Emotional Intelligence, Subba Students, Tamang Students*

## 1. Introduction

Emotional intelligence is an important term associated with the essential psychological processes namely cognition and affection. Through the effective practice of emotional intelligence, an individual will be able to integrate emotional capabilities in respect to deal with the essential cognitive operations. Through the effective practice of emotional intelligence, an individual will be able to perceive own emotions and he/she will also be able to appropriate access its essential related aspects. Based on the effective perception regarding the own emotion, an individual also be to generate positive emotions in respect to deal with the change of environment. Emotional intelligence helps to assist human thought to comprehend own and others emotions. Through the effective exercises of emotional intelligence, an individual can design the parameter of psychological growth. To present the actual perspective of emotional intelligence, Daniel Goleman (1995), said “*Emotional Intelligence is the ability to perceive emotions, to access and*

*generate emotions so as to assist thought to understand emotions and emotional knowledge, and to reflectively regulate emotions so as to promote emotional and intellectual growth.”* He mentioned five important elements of emotional intelligence namely self- awareness regarding emotions, self-motivating to comprehend own emotions, self-regulation of own emotions as per the situational demands, empathy to deal with other’s emotions and maintain own emotions to make effective relationship within the society respectively. To explore the actual status of emotional intelligence of Subba and Tamang class VIII students, present study has been designed.

## **2. Objectives of the study**

After completing the study, investigator wanted –

- ❖ To assess actual status of emotional intelligence of subba and Tamang Class VIII students of Darjeeling District.
- ❖ To find out mean difference of emotional intelligence of Subba Tribal students in respect to both gender and locality.
- ❖ To find out mean difference of emotional intelligence of Tamang Tribal students in respect to both gender and locality.

## **3. Hypotheses**

To meet the objectives of the study, following hypotheses have been framed to test them.

- **H0.1:** There is no significant gender wise mean difference of Subba and Tamang Class – VIII students of Darjeeling District.
- **H0.2:** There is no significant locality wise mean difference of Subba and Tamang Class – VIII students of Darjeeling District.

## **4. Analysis and Interpretation**

Collected data has been analyzed to meet the objectives of the study. To describe the basic aspects of emotional intelligence of Subba students of Darjeeling District, following analysis has been done.

**Table -1. Descriptive Analysis of Emotional Intelligence of Subba Students**

	N	Range	Minimum	Maximum	Mean		Std. Deviation
	Statistic	Statistic	Statistic	Statistic	Statistic	Std. Error	Statistic
<i>EISuMs</i>	136	83.00	80.00	163.00	121.8897	1.17951	13.75536
<i>EISuFs</i>	136	77.00	78.00	155.00	120.1176	1.07811	12.57279
<i>EISuUs</i>	136	83.00	80.00	163.00	121.8897	1.17951	13.75536
<i>EISuRs</i>	136	80.00	78.00	158.00	120.3235	1.09325	12.74937

From this analysis (from table - 1), it has been found that Emotional intelligence of Subba students of Darjeeling District has been found high as per interpretation index in every cases namely Emotional Intelligence of Subba Male Students (*EISuMs*), Emotional Intelligence of Subba Female Students (*EISuFs*), Emotional Intelligence of Subba Urban Students (*EISuUs*), Emotional Intelligence of Subba Rural Students (*EISuRs*) respectively.

To describe the basic aspects of emotional intelligence of Tamang students of Darjeeling District, following analysis has been done.

**Table -2. Descriptive Analysis of Emotional Intelligence of Tamang Students**

	N	Range	Minimum	Maximum	Mean		Std. Deviation
	Statistic	Statistic	Statistic	Statistic	Statistic	Std. Error	Statistic
<i>EITmMs</i>	136	85.00	78.00	163.00	121.6838	1.16754	13.61573
<i>EITmFs</i>	136	80.00	78.00	158.00	120.3235	1.09325	12.74937
<i>EITmUs</i>	136	85.00	78.00	163.00	121.6838	1.16754	13.61573
<i>EITmRs</i>	136	77.00	78.00	155.00	120.1176	1.07811	12.57279

From this analysis (from table -2), it has been found that Emotional intelligence of Tamang students of Darjeeling District has been found high as per interpretation index in every cases of categorical analysis of the variable namely Emotional Intelligence of Tamang Male Students (*EITmMs*), Emotional Intelligence of Tamang Female Students (*EITmFs*), Emotional Intelligence of Tamang Urban Students (*EITmUs*), Emotional Intelligence of Tamang Rural Students (*EITmRs*) respectively.

**Testing Hypothesis – 1**

- *H0.1: There is no significant gender wise mean difference of Subba and Tamang Class – VIII students of Darjeeling District.*

**Table -3. Gender wise Paired Samples Test of Emotional Intelligence with special reference to Subba and Tamang Class VIII students of Darjeeling District**

	Paired Differences					t	df	Sig. (2-tailed)
	Mean	SD	SEm	95% Confidence Interval of the Difference				
				Lower	Upper			
<i>EISuMs - EITmMs</i>	0.206	18.031	1.546	-2.852	3.264	.133	135	.894
<i>EISuFs - EITmFs</i>	-0.206	17.643	1.513	-3.198	2.786	-.136	135	.892

From table – 3, it has been found that there is no gender wise significant mean difference between Subba and Tamang Class VIII students in respect to emotional intelligence. Therefore, corresponding null-hypothesis has been failed to reject. Insignificant mean difference between **EISuMs** (*Emotional Intelligence of Subba Male Students*) and **EITmMs** (*Emotional Intelligence of Tamang Male Students*) has been recorded. Similarly, insignificant mean difference between **EISuFs** (*Emotional Intelligence of Subba Female Students*) and **EITmFs** (*Emotional Intelligence of Tamang Female Students*) has been recorded.

**Testing Hypothesis – 2**

- *H0.2: There is no significant locality wise mean difference of Subba and Tamang Class – VIII students of Darjeeling District.*

**Table -4. Locality wise Paired Samples Test of Emotional Intelligence with special reference to Subba and Tamang Class VIII students of Darjeeling District**

	Paired Differences					t	df	Sig. (2-tailed)
	Mean	SD	SEm	95% Confidence Interval of the Difference				
				Lower	Upper			
<i>EISuUs - EITmUs</i>	0.206	18.031	1.546	-2.852	3.264	.133	135	.894
<i>EISuRs - EITmRs</i>	0.206	17.643	1.513	-2.786	3.198	.136	135	.892

From table – 4, it has been found that there is no locality wise significant mean difference between Subba and Tamang Class VIII students in respect to emotional intelligence. Therefore, corresponding null-hypothesis has been failed to reject. Insignificant mean difference between **EISuUs** (*Emotional Intelligence of Subba Urban Students*) and **EITmUs** (*Emotional Intelligence of Tamang Urban Students*) has been recorded. Similarly, insignificant mean difference between **EISuRs** (*Emotional Intelligence of Subba Rural Students*) and **EITmRs** (*Emotional Intelligence of Tamang Rural Students*) has been recorded.

## 5. Conclusion

After completing the study, it has been concluded that Emotional Intelligence of Subba and Tamang students of Darjeeling District has been found higher level. But insignificant role of both gender and locality have been found in respect to create the significant mean difference with special reference to emotional intelligence.

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